



## Presentation Summary Descriptions

### Shift the Focus - Trauma Informed Practices (TIPS)

#### Introduction:

Our goal will be to work through the foundation of what is trauma and where it may come from while learning to engage in self-reflection of points of impacts and “trigger” points to in turn allow individuals to work toward both self-regulation and co-regulating with students.

#### Overview

How we will achieve this by examining:

- What is Trauma
- Types of ableism
- Self “check in” guidance
- Supporting self and others
- Offering of resources

#### Take Aways:

An increased awareness of self and others to create pause to support personal and other care in ones practice.

### Ablism and Schools

#### Introduction:

Our goal will be to gain a base understanding of both the history and impact of systemic and systematic ableism and our systems. We will aim to increase our awareness of how it intersects with our practice while exiting with a growing experience of agency where we can uplift our work in a good way promoting inclusive spaces.

#### Overview

How we will achieve this by examining:

- Looking at the history of ableism
- Types of ableism
- Where systems intersect with ablism
- How do we move forward through examination
- Offering of resources

#### Take Aways:

What you will have in the end is the ability to have an increased awareness and begin to identify ableism in your world.

## Microaggression What We Need to Know

### Introduction:

What we can hope to learn is the foundation of Microaggression in how it is unseen and can show up in society. We will look at how to increase awareness and consciousness of the importance of accessible and equitable community filtering in to the workplace and individual. We can hope participants to walk away with a growing sense of awareness of self and their space and place relating to the subject. The framework of the discussion is worked through the lens of Equity Diversity and Inclusion

### Overview

How we will achieve this by examining:

- Looking at the history of Microaggression
- Defining microaggression
- Moving forward in growth
- Working on repair
- Offering of resources

### Take Aways:

What you will have in the end is the ability to have an increased awareness and begin to identify microaggression in your world and supports to work it through.

